

July 2010

GrandRapidsGolfLesson.com

Quotes of The Month:

“Grant me the security to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference” - Unknown

“There is only one success— to be able to live your life your own way.” - Christopher Morley, novelist

2009 Golfer of the Year
Mike Franz

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Happy Independence Month!

Would you like to be free from high golf scores? Have the right and ability to hit different types of golf shots? Freedom doesn't come easy. You probably read about that in your history books. Here is a little history for you. When I was cutting my teeth learning this game from 1989 to 1995 I didn't get dropped off for one hour of coaching and call it good for the week. No way bubba. There is a lot more to it than that. And if you seriously want to compete with the big dogs on the area golf teams, I suggest you tape the following schedule on your bed post.

Monday: 6:30am tee off, 36 holes by 11:00am, 1 hour chipping/putting to noon, 3pm to 7pm another 27 holes

Tuesday: 6:30am 9 holes, 8:00am 9 holes and junior golf clinic and chipping/putting to noon.

Wednesday: chipping and putting 2 to 4 hours. Maybe 9 holes

Thursday: 6:30 to noon and then 3pm to dark 54 holes throughout the day, plus a few minutes of chipping/putting in between nines

Friday: 6:30 to noon, 36 holes

Saturday: off

Sunday: 18 holes in the evening and or 2 to 4 hours chipping and putting

That's right. Add em' up. 37 to 41 hours per week. Less a few hours for rain delays.

And this didn't just happen one week. It happened week after week for 12 straight weeks. Then it happened 15 hours a week during the spring and fall seasons.

There are no short cuts to freedom and with that I'll dedicate the rest of this newsletter to declaring your independence from lousy golf.

Reality Check on Your Practice Time-

Okay, so everyone is obsessed with these new drivers that could pose as a vacuum cleaner if you connected a cord to the grip. And everybody is devoting their practice time to hitting it long and straight off the tee. But. Pelz *Golf* Institute research has proven that golfers lose almost 80 percent of their shots to par *inside of 100 yards* from the hole. 80%!! Yet studies conducted at The Highlands Golf Club show that 64.3% of all the golf shots practiced are over 100 yards!! So golfers are practicing 64.3% of the time for 20% of their scoring and only practicing 35.7% of their time for 80% of their scoring!

To be fair each individual golfer has their own scoring issues—but you'd better be aware of the ratio.

The 10 Birdie Creators That Give You No Right to Complain About Good Golf Scores, and the Lack

Birthday Winner

This month's birthday winner is Kim Koning. Kim wins a free coaching session. Have an August birthday? Please submit the day and month to info@grandrapidsgolflesson.com for contest eligibility.

thereof. Taking full advantage of the ability to create good golf scores requires action. Great golfers are usually busy acting; doing things to make them better. Incredibly, a lot of people keep wishing for dramatic improvements in their golf game without doing anything (plural) dramatically (emphasize: dramatically) different in their physical condition, mental attitudes, thought processes and swing patterns. I hope that does not describe YOU. Yet I know it does describe the majority of the you's that I reach out to.

I've presented many different specific recommendations to increase distance, improve accuracy, generate backspin and make more putts, all requiring action. Things to DO. For your convenience I have listed 10 items requiring action at the end of this little piece. I know full well, 99% of the you's reading this will not do them all, 80% won't do any. Those who do few or none, this month and others, should report to the blacksmith shop and be branded across their foreheads with 'No Right to Complain About Bogeys', so the rest of us know to slap you silly when you do.

And here it is:

- Brainstorm - What areas of your game should you REALLY be working on?
- Go beyond just hitting balls for exercise and use drills to get better
- Find at least one Renegade Golfer with similar goals.
- Question historically common golf advice such as keep your head down and eye on the ball (re-read first 3 parts of your 7 golf myths ebook)

Find people who are... Get the remaining 6 Birdie Creators by upgrading to the Silver Golf Improvement Membership for less than a ticket to The Whitecaps game. Upgrade today by contacting info@grandrapidsgolflesson.com

The Fun Section:

Rules Question of the Month-

In stroke play, a player's ball lies in a water hazard. Before playing his ball, he takes several practice

swings, each time touching the ground and causing leaves to move in the hazard. He also removes several strands of tall grass with his hand, improving the area of his backswing. What is the ruling?

- A. There is a two stroke penalty.**
B. There is a total penalty of four strokes.
C. There is a total penalty of six strokes.

Answer on page 3

Check out the rules quizzes at http://www.usga.org/RulesQuiz/rules_quizzes.html

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JULY

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"In winter I get up at night

And dress by yellow candle-light.

In summer quite the other way,

I have to go to bed by day.

I have to go to bed and see

The birds still hopping on the tree,

Or hear the grown-up people's feet

Still going past me in the street.

And does it not seem hard to you,
When all the sky is clear and blue,
And I should like so much to play,
To have to go to bed by day?"
Robert Louis Stevenson, Bed in
Summer

Can you be a... Renegade Putter?

Let's start with a simple definition:

ren-e-gade: [ren-i-geyd] noun

Definition: 1. **traitor:** somebody who abandons previously held beliefs or loyalties

2. **rebel:** somebody who chooses to live outside laws or conventions

When was the last time you thought of yourself as someone who throws the typical and conventional to the wayside, and not only pushes the envelope, but practically shreds the thing to live and experience life where few are willing to go? I have done just that, and much is written about my unconventional approach and the HUGE success I have achieved as a result. But how did I get there? Even more importantly - how have I coached and mentored thousands of others to experience this same revolutionary process?

One very BIG thing is the Renegade way in which I teach putting. Using the 60/40 Effortless Putting System is FAR DIFFERENT Than ANY Other Putting trainer, guide or system on the market! **What makes it different?**

It was a warm sunny day in July 2000. Legendary golfer and mathematician Art Olf was on hand with PGA Professional Joe Hallett at Ferris State University. They were conducting a training session for us wanna-be-golf pros. Art was showing everyone this strange putting program in which the follow

through was shorter than the back-swing. Most everyone there just blew it off as witchcraft. But I was a bit more inquisitive. Then tried it for 3 or 4 weeks and put it into competition. Initially I had three 3-putts but in the same round had enough one putts to balance out the 3 putts and score a 72 at Spring Lake Country Club. I continued to test the method. Putting it into place during a best ball event at Crystal Mountain and scoring a 66 with my partner. Several one putts. Hmm? Must be onto something here. I continued to test the method and kept it in place for the 2000 West Michigan PGA Championship. Where I won and had 3 rounds with total putts of 28-26-27. I continued using the system with victories at the 2001 WMPGA Assistants Championship, the 2003 Long Island Assistant Tournament at Sands Point and the 2004 U.S. Open Local qualifier before taking a sabbatical from competitive golf at the end of 2004. Since then I have taught the system to herds of golfers around the world. And now you can experience this once-in-a-lifetime opportunity to explore, in great depth, the most important strategies to implementing this putting system and becoming a Renegade Putter.

This one time only free event will take place on Saturday August 14th at 2pm This "renegade putter" perspective and "sheer genius" expertise could be all that stands between you and RENEGADE GOLF SUCCESS! Reserve your spot now as space is limited. A \$20 completely refundable deposit is required to lock out your competition. Call 616.802.4969 or e-mail info@grandrapidsgolfflesson.com

Rules Quiz- Answer is B. You can never receive more than 4 penalty strokes for one infraction.

Schedule update

Through September

30th- Group Programs at <http://seif-pro.wordpress.com/2009/01/09/2010-group-sessions/>

Golf Improvement Member Only Client

Party- August 13th. Poolside w/ Brian Vander Ark of The Verve Pipe
Effortless Putting Event: August 14th 2pm
LPGA Pro-AM- August 31st 10:00am

Your Partner In Junior Golf Success,

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